



## READ DEUTERONOMY 31:8

## DAY 1

Have you ever been walking into a situation where you were scared of what was ahead? In that situation, where do you want your parent to be?

- A. BESIDE YOU  
B. BEHIND YOU  
C. IN FRONT OF YOU  
D. NONE OF THE ABOVE

You probably chose C, didn't you?! Having someone standing by you to keep you safe is good too, but there's something about knowing that they're going ahead of you. They can see what's coming, and they can use their size to block you and their strength to protect you.

Many times, in His Word, God promises to be in front of us to protect us. Knowing Jesus is not only beside you, but is going ahead of you can help you face your fears!

Thank God for going ahead of you to keep you safe.

## READ PSALM 27:1

## DAY 2

Have you ever noticed how much bigger objects look in the dark? Your dresser might look perfectly harmless during the day, but during the night it takes on a life of its own. God knew that our fears would seem much bigger in the dark, so all throughout His Word He tells us that He will be our light.

Color in this message and then cut it out at the end of the week. Tape it to your light switch to remind you that knowing Jesus will help you face your fears.

THE LORD IS MY LIGHT,  
AND HE SAVES ME.

Ask God to help you turn to Him when it's hard to face your fears.

## READ PSALM 119:105

DAY 3

Grab a flashlight and take it, along with this paper, to the darkest room in your house. If it's still pretty light, grab a thick blanket and pull it over your head. Don't use the flashlight and try to read the next sentence. Then turn on the flashlight and try again.

Your word is like a lamp that shows me the way. It is like a light that guides me.

Knowing Jesus changes the way you see everything, and a big part of that is because His Word helps us see the way! When you can't see what you should do, ask Jesus for help. You can also ask an adult to help you find some of His Words in the Bible that might help you.

**Ask Jesus for help when you can't see the way.**

## READ EPHESIANS 4:22-24

DAY 4

Knowing Jesus changes the way you see everything, and when you see things differently, you'll live differently. You'll get rid of the old way you used to do things, and you'll follow after God and His ways.

Grab a garbage bag and find a few things in your room that you don't see as useful anymore. Maybe it's some clothes you've outgrown or toys you don't play with anymore. Throw the items in the bag. Then take them to a parent and decide together whether the items should be donated, recycled, or thrown away. As you get rid of the old things, talk to your parent about whether there are some old ways of doing things that you should also get rid of—bad habits, things you do that hurt others or yourself. Ask Jesus to help you embrace all things new! (And a bonus: you'll probably find room in your closet and drawers for some new things there too!)

Thank Jesus for giving you a new life and a fresh start.

Knowing **JESUS**  
changes the way  
you see everything.