



WEEK THREE

ANANIAS HELPS PAUL • ACTS 9:10-31



SAY THIS:

KNOWING JESUS CAN HELP YOU FACE YOUR FEARS.



REMEMBER THIS:

"Faith is being sure of what we hope for. It is being sure of what we do not see."

HEBREWS 11:1, NIV



DO THIS:



Read Acts 9:10-31. Knowing Jesus helped Ananias and Saul to be brave—and knowing Jesus can help you face your fears too. Share with each other something that makes you scared or worried right now. Pray for each other, that Jesus would give you peace and the strength to face your fear.

FAITH:

TRUSTING IN WHAT YOU CAN'T SEE BECAUSE OF WHAT YOU CAN SEE

PRACTICING FAITH SKILLS WITH YOUR CHILD

By Holly Crawshaw

If you're a parent reading this, chances are it's important to you to instill solid, character-building, faith-growing practices in the daily habits of your children. But thinking about being responsible for the development of someone else's faith feels like immense pressure—like rhino-on-my-chest level pressure.

Let me give you (us) some hope—just thinking about teaching our kids spiritual disciplines is a huge step in the right direction. Our thoughts steer our actions, and our actions are required when it comes to parenting with intentionality.

We have identified four skills that every kid can learn and practice to help them grow in their faith:

**HEAR:** Listen to God's Word. When we read the Bible and listen to what God has to tell us through His word, we learn we can trust God no matter what.

**PRAY:** Dialogue with God. Through prayer we connect with God. We show gratitude, say we're sorry, and express our feelings to God.

**TALK:** Articulate your faith. When we talk about our faith, we learn more about God and can tell others about Jesus.

**LIVE:** Worship with your life. Worshipping God is more than just singing songs. Worship is about living life in a way that honors God.

These four faith skills have the potential to create an incredible spiritual foundation in the lives and futures of your kids. So . . . how do we go about making these four practices daily habits for our kids? Here are a few tips:

**1. It's never too late, or too early, to start.**

8-months old, 8-years-old. 18-years-old. It doesn't matter. God has a way of meeting you where you are and gracefully filling in the gaps.

**2. You don't have to have all the answers.**

It's okay—healthy, even—to say, "I don't know," when it comes to questions about faith. Other great responses are, "Let's ask someone who knows more," "Let's look it up together," or, "That's a great question to save for down the road."

**3. It starts with you.**

The best way to teach kids faith skills is to practice them in our own lives. You don't have to make a production out of every quiet time, but modeling a daily pursuit of your relationship with God accomplishes way more than our words ever could.



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