

# Integrity means choosing to be truthful in whatever you say and do.



DAY 2

## Read Proverbs 12:22

Have you ever had a friend who liked to exaggerate? Fill in the blanks below to create your own mad-lib fish story:

**Tim:** "Yesterday, my dad took me fishing!"

**You:** "Awesome, did you catch any fish?"

**Tim:** "Of course I caught some fish! A lot  
My dad caught \_\_\_\_\_ but I caught \_\_\_\_\_!"

(small number) (big number)

**You:** "Really?"

**Tim:** "Yep! But I've caught \_\_\_\_\_ before! One  
(an even bigger number)

time, I caught a fish that weighed more  
than a \_\_\_\_\_."  
(a very large animal)

The problem with exaggerating is that it makes it hard for anyone to trust what you say. We should be truthful with our friends so they can trust us, and we need to be truthful with God too. He sees and knows all and He wants us to be honest with him, always.

Ask God to help you be honest with Him and others this week, knowing that it keeps us closer to the people around us when we choose to be truthful.



DAY 1

## Read 1 John 1:9

In the space below, write down what you think the word "sin" means?

\_\_\_\_\_

Sin is basically anything we do that we know is wrong. As you probably know, everyone sins.

God does not sin. He is perfect. He doesn't break His promises. And though our perfect heavenly Father has every right to point out all our imperfect actions, He is fair. He promises to forgive us for every wrong thing we have done.

But there is something you and I need to do when we mess up. We need to confess—which simply means to admit or be honest about what we've done. Since God always keeps His promises, we can know that He forgives us, always. **Being truthful with God keeps you close to Him.**

So, think back over your day. Can you think of a time when you messed up? Admit it to God and ask His forgiveness. Be honest. And if you've hurt someone else, talk to God about what you could do to make it right.

DAY 3

## Read Proverbs 10:9

Have you ever played the “blame game”? It might sound a little something like this.

**“He started it!”**

**“It wasn’t my fault!”**

**“I only said something mean because she said something mean first.”**

We’re all tempted to play the “blame game” to avoid getting in trouble or to make excuses for wrong things we’ve done. But there is a way to avoid the blame game altogether. When we choose integrity, when we make choices that honor God and the people around us, we can walk without blame!

Create a crooked path to walk on. You can set up obstacles to jump over, use yarn or tape to create a crazy zig-zag pattern on the floor, whatever you choose! Then write out the words of today’s verse on scraps of paper and set them out along the path. As you walk, pick up the words and repeat the verse. Time yourself to see how long it takes to say the verse.

Then, create a straight path or remove all the obstacles. Lay the cards along the new path and say the words of the verse as you pick them up. Was it faster on the straight, blameless path?

**Being truthful with God keeps you close to Him.**

DAY 4

## Read Proverbs 21:3

We like things to be fair. But fair is hard! Cutting the cookie exactly in half, letting everyone have a turn, or go first, or win—it gets tricky making sure everything is fair. But that doesn’t mean we get a pass on fairness!

As followers of Jesus, we should look for ways to do what is right and fair as much as possible. Why? Because obeying God is always the most important thing. It’s even more important than any amount of money we give at church.

Thankfully we don’t have to do this in our own strength. God will help us treat others with fairness and do what is right when we ask for His help.

Read the scenarios below and think of one way you could **“do what is right and fair”** as you follow God:

1. The kid next door always borrows your basketball without asking. Today, you notice the ball is gone. You didn’t see him take it. What do you do?
2. You grab the last ice cream bar from the freezer. Your little brother begs you to share it. What do you do?
3. You didn’t finish your homework before heading outside to ride your bike. Later, your dad asks if your homework is done. What do you do?