

Kindness means showing others they are valuable by how you treat them.

DAY 1

Read Hebrews 13:2

Who is your favorite sports team? Yell out your favorite chant, cheer, or tagline to represent that team.

Who is your favorite team's biggest rival?

What if for the next month, someone from that team showed up each morning at your front door decked out in their team colors to sing their fight song? How would you respond? Would you invite them in for breakfast? Would you stop and tap your feet along to their catchy tune?

God wants you to show kindness to everyone. When you welcome and love and care for people who are different from you, even people who root for the "wrong" team, you're acting just like Jesus would! Kindness shouldn't be something we only offer some people. **Kindness is for everyone.**

DAY 2

Read Proverbs 11:17

Think about the kindest person you know. It might be your mom or your grandfather or your favorite teacher. Are you picturing that person in your mind right now? How does he or she show kindness?

There are big benefits to choosing kindness, not just for the people around you but for you too. But the opposite is also true. Mean people bring ruin on themselves. That means things won't go well for you. Nobody wants to hang out with someone that's always unkind. Choosing kindness is always wise.

Decode the secret message below about kindness. Cross out the letter and write the very next letter in the alphabet in the blank above it. (For instance, if the letter you see is "B", cross it out and write "C" on the line above it. If you see a "Z" the blank will be filled with an "A"):

A D J H M C S N O D N O K D

V G N Z Q D C H E E D Q D M S

E Q N L X N T

Answer: Be kind to people who are different from you.



DAY 3

Read Romans 13:10

When Jesus was asked “What is the most important commandment?” do you remember His answer? Jesus said to “Love the Lord your God” and put Him first. But He quickly added a second part, to “Love your neighbor as yourself.”

So who is your neighbor? When Jesus was talking about loving your neighbor, He wasn’t just talking about the people who live in your neighborhood. Neighbor includes pretty much anyone and everyone you see each day.

Kindness is showing others how valuable they are by how you treat them. Jesus said to love others as you love yourself. That means that everyone deserves kindness, even people who look, think, act, and talk differently than you.

Read the scenarios below. Then act out one way you could show kindness in that situation:

The kid on the other team gets knocked down right in front of you on the field.

The kid who called you a mean name last week has dropped his entire book bag on the floor and his stuff is everywhere.

The kid next to you on the bus looks sad.

DAY 4

Read Luke 10:25-37

Jesus would often tell stories to help His audience understand His teaching. Today you are reading about The Good Samaritan.

Bottom line is that the Samaritan felt sorry for the man and showed kindness, even though they were very different from one another. He stopped and helped the man. He saved his life.

Jesus ends His story by saying, ‘Go and do as he did.’

Grab a piece of paper and draw a picture of this story in 2020. When you finish, write, “Be kind to people who are different from you” on the page. Share this picture with your family and talk about ways you “go and do as he did” and show kindness to others this week.

Be kind to people who are different from you.