

Seventeen Reasons to Fast

1. Against spiritual warfare: *2 Corinthians 10:4*
2. Averting God's wrath: *Judges 20:24-28, Jonah 3:6-10*
3. Being obedient to God: *Acts 10:30-32*
4. Calling on God's power & driving out demons: *Mark 9:28-29*
5. Corporate fellowship calling on God's power: *Acts 13:1-2*
6. During times of severe emotional distress: *1 Samuel 1:10-11, 1 Samuel 20:34, Acts 27:21-33, Psalm 35:13-14, Psalm 69:10*
7. Humbling oneself before the Lord: *2 Chronicles 7:14-15*
8. Imitating the faith of those who have gone before us: – *Hebrews 13:7*
9. National Days dedicated to God: *Leviticus 16:29, 1 Samuel 7:5-6*
10. Needing help from God: *2 Samuel 12:15-23*
11. Receiving God's Blessings: *Daniel 6:8, 12, 17; Matthew 5:4, Luke 2:37-38, Hebrews 11:6*
12. Seeking God's deliverance: *Esther 4:16*
13. Seeking God's pardon: *Psalm 35:13, Joel 2:12*
14. Seeking God's protection: *Ezra 8:21*
15. Seeking the Lord's will: *Daniel 9:2-3, 21-22*
16. Setting apart leaders in the church: *Acts 13:1-3, 14:23*
17. Times of Worship: *Luke 2:36-37, Acts 13:2, Acts 14:23*