



MULTIPLY

6 Week Prayer & Fasting Guide

“Be fruitful and multiply.”
— God

MULTIPLICATION VISION

Jesus loves lost people. His love compels us to seek and to save lost people as quickly as possible. However, fewer than 1% of NLers are obedient to Jesus as fully-functioning disciple-makers.

New Life's experience is that when we are faithful with little, God does more than we could imagine. As NL has prioritized open-handedness with resources and sending leaders to start churches, God has enabled us to start more churches than we ever would have dreamed. (For instance, we dreamed of starting a few churches, but God created a church planting ministry that has helped start churches throughout the world. We dreamed of a building to reach the community, and God provided the nZone.)

Being "faithful with little" in New Life's next season means increasing the percentage of fully-functioning disciple-makers (from 1% to 18%), as well as increasing the percentage of people involved in disciple-making (from 18% to 100%). Being "faithful with little" also means disciple-makers focus on their disciples following and fishing. As we focus on reproducing disciple-makers, God will raise up high-impact "apostle Paul's" and "Timothy's" out of the harvest who will expand His Kingdom from "Jerusalem to the uttermost parts" in more creative and powerful ways than we could ever imagine.

In years to come, those who follow will say of this generation, "They did their best to fulfill the Great Commission in their lifetime."

A handwritten signature in black ink that reads "Brett Andrews". The script is fluid and cursive, with the first letters of "Brett" and "Andrews" being capitalized and prominent.

New Life Christian Church Lead Minister

FASTING Q&A

1. Why fast?

Jesus fasted (Matthew 4:2), Jesus said that we would fast (Matthew 9:14-15), Jesus taught that spiritual breakthrough comes through fasting (Mark 9:29), and the church fasted for the purpose of multiplying disciples, churches, and leaders (Acts 13:2-3 and Acts 14:23).

2. What is fasting?

Giving up food to get more of God (His presence, power, direction, etc.). Fasting is the voluntary abstinence from food or certain types of food for a spiritual purpose. It's not just about skipping meals; it's about replacing that time with prayer, worship, and meditating on God's Word. Fasting can take various forms, such as a full fast (no food, only liquids), a partial fast (giving up certain foods), or even non-food-related fasts (abstaining from distractions like media). Ultimately, fasting is less about what we give up and more about what we gain deeper intimacy with God.

3. How do I fast?

Fasting should always be Spirit-led and approached prayerfully. Medically you might not be able to fast from food and that's okay. Fast from something else like Netflix, social media, or your phone. Start with why. We're fasting and asking God to multiply disciples and churches. Start small (fast for a day or a meal) and work toward longer fasts as God leads. During the fast, dedicate time to prayer, Bible reading, and worship. Finally, break your fast gently, thanking God for His faithfulness and continuing to walk in the spiritual growth you've experienced. Drink plenty of water if doing a full fast. Prepare spiritually by confessing sin and setting aside distractions. Focus on God, not the act of fasting itself.

The Multiplication Process

As we look at the Bible, church history, and what God is currently doing around the world... we see 5 key steps to multiplying disciples and churches.

Step 1: Enter My Mission Field

Intentionally seek to engage lost people and train saved people.

Step 2: Sow Gospel Seeds

Share the Good News of Jesus with lost people and lead them to trust and follow King Jesus.

Step 3: Make Disciple-Makers

Teach those new disciples to obey everything Jesus commanded.

Step 4: Form Disciple-Making Communities

Lead groups of disciples to function as the family of God.

Step 5: Develop Leaders

Invest in a few to help them repeat the process to the 4th generation.

Faith Goals

As we fast and pray for spiritual multiplication throughout the next 6 weeks, what are you personally trusting Christ for?

1. People Saved

By faith, in the power of the Spirit, I will seek to win _____ lost people to believe the Gospel and be baptized by Easter.

2. Gospel Shares

By faith, in the power of the Spirit, I will share the Gospel _____ times by Easter.

3. People Trained

By faith, in the power of the Spirit, I will train _____ saved people to make disciples by Easter.

Daily Model

Each week you will go through the Multiplication Process with a breakdown of daily steps. Grab a notebook and your Bible and write down these steps each day to reflect on the Multiplication Process. These steps include:

1. Read...the scripture provided that day.

2. Write...your answers to the following questions:

What did I learn about God?

What did I learn about people?

What significance does this text have for my life?

3. Commit...to nexts steps for the multiplication process that day.

Example: "I Will...."

4. Pray...over the following:

God: Praise God for who He is and the great things He has done

Lost: Pray for the salvation of your lost friends and family by name

Saved: Pray for the multiplication and maturity of your disciples by name

Heart: Pray for whatever God puts on your heart

WEEK 1

READ — WRITE — COMMIT — PRAY

DAY 1: Enter My Mission Field

Matthew 9:35-38

DAY 2: Sow Gospel Seeds

Mark 1:14-15

DAY 3: Make Disciple-Makers

Matthew 4:18-20

DAY 4: Form Disciple-Making Communities

Matthew 16:13-20

DAY 5: Develop Leaders

Read: Mark 10:35-45

WEEK 2

READ — WRITE — COMMIT — PRAY

DAY 1: Enter My Mission Field

John 20:19-23

DAY 2: Sow Gospel Seeds

Mark 16:14-16

DAY 3: Make Disciple-Makers

Matthew 28:16-20

DAY 4: Form Disciple-Making Communities

Acts 2:41-47

DAY 5: Develop Leaders

Acts 20:28-35

WEEK 3

READ — WRITE — COMMIT — PRAY

DAY 1: Enter My Mission Field

Ephesians 2:1-3

DAY 2: Sow Gospel Seeds

Romans 10:8-13

DAY 3: Make Disciple-Makers

Luke 10:1-7

DAY 4: Form Disciple-Making Communities

Ephesians 1:20-23

DAY 5: Develop Leaders

Hebrews 13:7-9 & 17-19

WEEK 4

READ — WRITE — COMMIT — PRAY

DAY 1: Enter My Mission Field

Matthew 13:24-30

DAY 2: Sow Gospel Seeds

John 14:1-7

DAY 3: Make Disciple-Makers

2 Timothy 2:2

DAY 4: Form Disciple-Making Communities

Acts 14:21-23

DAY 5: Develop Leaders

Acts 6:1-7

WEEK 5

READ — WRITE — COMMIT — PRAY

DAY 1: Enter My Mission Field

1 Timothy 2:1-7

DAY 2: Sow Gospel Seeds

Matthew 13:1-9

DAY 3: Make Disciple-Makers

John 4:5-13

DAY 4: Form Disciple-Making Communities

1 Peter 2:9-10

DAY 5: Develop Leaders

Titus 1:5-9

WEEK 6

READ — WRITE — COMMIT — PRAY

DAY 1: Enter My Mission Field

2 Corinthians 5:16-21

DAY 2: Sow Gospel Seeds

Acts 14:13-20

DAY 3: Make Disciple-Makers

Acts 19:8-10

DAY 4: Form Disciple-Making Communities

Hebrews 10:19-25

DAY 5: Develop Leaders

1 Timothy 3:1-13