

LIVESENT



HABITS OF A Sent One




new life
CHRISTIAN CHURCH

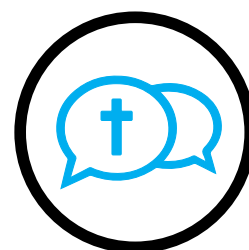
Table of Contents

<u>Introduction:</u> Training for Trainers.....	2
<u>Session 1:</u> Habits of a Sent One	3 – 6
<u>Session 2:</u> Engage in Good Conversations	7
<u>Session 3:</u> Engage in God Conversations	8
<u>Session 4:</u> Engage in Gospel Conversations	9 – 10
<u>Session 5:</u> Engage in Gospel Conversations	11 – 13

Interactive PDF

If viewing digitally, simply click on the Session in the Table of Contents.

The  icon throughout the booklet will take you back to the Table of Contents.



Training for Trainers



Habits of a Sent One is a 5 session guide designed to help you take an individual or group of disciples through. Empower your disciple(s) to replicate the training with others starting session 1 (don't wait until they finish the 5 sessions to encourage them to train others).

Each session has three parts. The Look Back, Look Up, and Look Forward. Give equal time to each third. If your group is 90 minutes, do 30 minutes each. Help the group work together to read, obey, and share God's Word with others (both lost and saved people).

1. Engage the Lost & Mobilize the Saved

As a trainer you have two goals. Lead your disciple(s) to successfully:

- 1) Engage lost people in good, God, and Gospel conversations and baptize those who believe
- 2) Mobilize saved people to live sent and obey the commands of Christ

2. Focus On People Not Content

Focus on individual people. Help each person understand the training, apply it, and train others. Focus on people over process and content. Who is attempting to have good, God, and Gospel conversations? Focus more time and follow up on the doers.

3. Imitate Then Innovate

Start by doing and teaching exactly what is written. As you learn by personally engaging the lost and mobilizing the saved, follow the Spirit's lead and innovate. You will gain wisdom from doing. Just like an athlete who masters the fundamentals in practice can then play creatively in the game, your creativity flows best when it's built on a solid foundation.

4. Keep It Simple

Keep it easy to understand, do, and teach others.

5. Train, Don't Teach

Be a trainer not a teacher. A teacher (for the purpose of this point) wants students to understand so they primarily explain while students passively listen. A trainer wants trainees to do and train others to do and train others so they lead the trainees to read, think, discuss, practice, go do, report back, and follow up.

6. Do It Now!

Lead your disciple(s) to take action now. Pray now, write names now, set a prayer reminder now, text their people now, have conversations this week, follow up immediately, etc. We are in a battle for souls and people all around us are dying daily and headed for a Christless eternity.



Habits of a Sent One (20 – 30 minutes)

1. Read

A. “Follow me,” he told them, “and I will make you fish for people.”

– Matthew 4:19

B. But you will receive power when the Holy Spirit has come on you, and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.”

– Acts 1:8

C. “All authority has been given to me in heaven and on earth. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe everything I have commanded you. And remember, I am with you always, to the end of the age.”

– Matthew 28:18 – 20

2. Discuss

A. What did Jesus say? What significance does what Jesus said have for us today?

B. What motivates you to go share the Gospel, baptize, and teach people to obey Jesus?

3. Read

Jesus’ Great Commission is non-negotiable. How we live it out can vary- but we must live it out. The Habits of a Sent One is simply one way (based on fruitful disciple-makers globally and locally) to help you accomplish Jesus’ Great Commission and help others do the same.

Habits of a Sent One



PRAY

- We pray that God saves lost people and mobilizes saved people.



IDENTIFY

- We identify lost and saved people whom God is leading us to engage.



ENGAGE

- We love lost people in tangible ways.
- We have good, God, and Gospel conversations with lost people.
- We baptize those who believe.
- We mobilize saved people to live sent and obey the commands of Christ.

4. Discuss

A. What are the habits of a sent one?

B. What about the habits stand out to you? Why?



Name List (20 – 30 minutes)

5. Read

A. As sent ones we focus on lost and saved people. We engage lost people in good, God, and Gospel conversations and baptize those who believe. We mobilize saved people to live sent and obey the commands of Christ.

B. We engage lost people. Both individuals and groups of lost people. Some lost individuals are already a part of our relational networks and others God will place in our path as a divine appointment. There are also groups of people who are primarily lost (families, sports teams, workout classes, etc.). Just like Jesus, Peter, and Paul we seek to win whole groups to Christ by finding people of peace (God prepared insiders who influence their group for Christ like the woman at the well and her village, Cornelius and his family, and the Philippian jailer and his family).

C. We mobilize saved people. We help other disciples of Jesus successfully engage the lost and mobilize the saved from one spiritual generation to the next (Ex. Paul, Timothy, faithful men, others 2 Timothy 2:2). Mobilize meaning we cast vision (Jesus' Great Commission), model what it looks like, equip with simple tools, train to build confidence, empower to go do, and coach to take next steps.

6. Discuss

- A. Who are the two types of people we focus on?
- B. What has your experience been when it comes to engaging lost individuals or groups?
- C. What has your experience been when it comes to mobilizing saved people?

7. Create

- A. Let's pray right now. Take sixty seconds and pray quietly to yourself. Ask God to bring the names of all the lost and saved people in your relational networks to your mind.
- B. Let's write their names right now. Write down as many of their names as possible (next page). If you don't know if someone is lost or saved, assume they're lost until you learn otherwise.

Our Name List (page 5) is a living document meant to help us take next steps. Let's keep our Name List in a place where we can regularly interact with it, add people to it, and keep track of our next steps.





Look Forward (20 – 30 minutes)

8. Identify

- A. We need to be led by the Holy Spirit. Let's take sixty seconds and ask God two things. 1). Which lost people He wants us to engage in conversation this week and 2). Which saved people He wants us to mobilize this week (cast vision and start passing on what you're learning to others this week, don't wait until after session 5).
- B. Star, circle, or write something next to the names of the few people God is leading you to prioritize this week.

9. Set a Daily Prayer Reminder

- A. Let's set a daily prayer reminder right now. Everybody take out your phone. Take sixty seconds to set a daily prayer reminder or alarm for a specific time that works for you. Set the alarm/reminder to something like "Name List".
- B. What time did everyone set your daily alarm or reminder for?

10. Text

- A. Let's text each other right now. Take out your phone and text the names of the lost and saved people we will engage and mobilize this week. Ex. "I will engage Tre and Rylen in good, God, and Gospel conversations and mobilize J.W. and Katelyn by casting vision and training them to do the Habits of a Sent One."
- B. Let's take time right now to text those people. Ex. Lost People: "Hey (name), you've been on my mind lately. I'd love to catch up with you. When's a good day this week we can talk?" Ex. Saved People: "Hey (name), I've been learning some simple ways to lead people to Jesus. I'd love to share with you. When's a good day this week we can talk?"

11. Pray

- A. Let's pray by name for the people we're going to engage and mobilize this week.



Engage in **Good** Conversations

LOOK BACK (20 – 30 minutes)

1. Discuss

- A. How did praying for lost and saved people go this past week?
- B. How did engaging lost people in good, God, or Gospel conversations and mobilizing saved people to live sent go this past week?

LOOK UP (20 – 30 minutes)

2. Read

- A. One habit of a sent one is to engage lost people. How? By regularly having good, God, and Gospel conversations. Our intention is to share the Gospel with lost people so that more lost people will be saved. The Gospel is the power of God unto salvation. However, good conversations are a step in the right direction and are worth celebrating! Don't underestimate the power of having good conversations.
- B. We define a good conversation as a casual to serious conversation that stops short of God or the Gospel.
- C. Examples: "How's your day going? What did you do this weekend? How's your family been lately? What project are you working on? How are you really? What challenges are you facing? Where do you find hope, joy, or purpose?"

3. Discuss

- A. What types of conversations do we engage lost people in?
- B. What is a good conversation?
- C. What's worked for you when you've had good conversations with lost people?

4. Practice

- A. Let's get in pairs or groups of three and practice having a good conversation with lost people. One person will be the sent one and the other will be the lost person. Give each other feedback on what they did well and ideas to make it even better.

LOOK FORWARD (20 – 30 minutes)

5. Identify

- A. Let's take sixty seconds and ask God who are the lost people He wants us to engage and who are the saved people He wants us to mobilize this week.
- B. Star, circle, or write something next to the names of the few people God is leading you to prioritize this week.

6. Text

- A. Let's text each other right now. Take out your phone and text the names of the lost and saved people we will engage and mobilize this week. Ex. "I will engage Tre and Rylen in good, God, and Gospel conversations and mobilize J.W. and Katelyn by casting vision and training them to do the Habits of a Sent One."
- B. Let's take time right now to text those people. Ex. Lost People: "Hey (name), you've been on my mind lately. I'd love to catch up with you. When's a good day this week we can talk?" Ex. Saved People: "Hey (name), I've been learning some simple ways to lead people to Jesus. I'd love to share with you. When's a good day this week we can talk?"

7. Pray

- A. Let's pray by name for the people we're going to engage and mobilize this week.

Engage in **God** Conversations

LOOK BACK (20 – 30 minutes)

1. Discuss

- A. How did praying for lost and saved people go this past week?
- B. How did engaging lost people in good, God, or Gospel conversations and mobilizing saved people to live sent go this past week?

LOOK UP (20 – 30 minutes)

2. Read

- A. One habit of a sent one is to engage lost people. How? By regularly having good, God, and Gospel conversations. Our intention is to share the Gospel with lost people so that more lost people will be saved. The Gospel is the power of God unto salvation. God conversations aren't the Gospel. They don't explain to people how to be saved. However, they are really important in finding where people are spiritually, having meaningful conversations, and moving people closer to a Gospel conversation.
- B. We define God conversations as faith based conversations that are more than a good conversation but less than a Gospel conversation.
- C. Examples: "Faith is a big part of my life, how can I pray for you? Are you a person of faith/a spiritual person? What's your faith journey/story/background? Our church meets at (place and time) which service would work better for you? My church is hosting a (event), would you want to come with me? What do you think will happen to you after you die? Have you read what the Bible says about that? What do you know about Jesus? Let me tell you the story of how Jesus changed my life..."

3. Discuss

- A. What types of conversations do we engage lost people in?

- B. What's the difference between a good and God conversation?
- C. What's worked for you when you've had God conversations with lost people?

4. Practice

- A. Let's get in pairs or groups of three and practice having a God conversation with lost people.

LOOK FORWARD (20 – 30 minutes)

5. Identify

- A. Let's take sixty seconds and ask God who are the lost people He wants us to engage and who are the saved people He wants us to mobilize this week.
- B. Star, circle, or write something next to the names of the few people God is leading you to prioritize this week.

6. Text

- A. Let's text each other right now. Take out your phone and text the names of the lost and saved people we will engage and mobilize this week. Ex. "I will engage Tre and Rylen in good, God, and Gospel conversations and mobilize J.W. and Katelyn by casting vision and training them to do the Habits of a Sent One."
- B. Let's take time right now to text those people. Ex. Lost People: "Hey (name), you've been on my mind lately. I'd love to catch up with you. When's a good day this week we can talk?" Ex. Saved People: "Hey (name), I've been learning some simple ways to lead people to Jesus. I'd love to share with you. When's a good day this week we can talk?"

7. Pray

- A. Let's pray by name for the people we're going to engage and mobilize this week.

Engage in Gospel Conversations

LOOK BACK (20 – 30 minutes)

1. Discuss

- A. How did praying for lost and saved people go this past week?
- B. How did engaging lost people in good, God, or Gospel conversations and mobilizing saved people to live sent go this past week?

LOOK UP (20 – 30 minutes)

2. Read

- A. One habit of a sent one is to engage lost people. How? By regularly having good, God, and Gospel conversations. Our intention is to share the Gospel with lost people so that more lost people will be saved. The Gospel is the power of God unto salvation. This is the time in the conversation when we share the Gospel and invite people to respond (Ex. Jesus, Peter, and Paul shared the Gospel and invited people to respond Mark 1:14-15, Acts 2:22-29, Acts 17:22-31).
- B. We define a Gospel conversation as the Good News about Jesus and an invitation to respond.
- C. Examples: The Bridge, The Romans Road, Gospel Arrows, G.O.S.P.E.L., Two Kingdoms, Three Circles, Four Spiritual Laws, and The 5.

3. Discuss

- A. What types of conversations do we engage lost people in?
- B. What's the difference between a God and Gospel conversation?
- C. What's worked for you when you've had Gospel conversations with lost people?

4. Read

THE 5

1. God created you and loves you.

God created you and loves you more than anyone else ever could (Genesis 1:27 and John 3:16). You aren't an accident. You have value, dignity, and worth because God made you.

2. Your sin separated you from God.

But there's a problem... every one of us has chosen to go our own way instead of God's way. That's what the Bible calls sin. Sin separates us from God and leads to brokenness and death (Romans 3:23 and Romans 6:23). Because we've sinned we're all slaves to our desires, we will die, and we will spend eternity apart from God.

3. Jesus has made it possible for you to have a relationship with God.

But there's Good News! Even though we sinned, God still loves us. He sent His Son, Jesus, to rescue us from sin, spiritual evil, and death. Jesus lived a perfect life, died for our sins, rose from the dead, and was enthroned as King. By God's grace (not our good works), our sins can be forgiven, we can receive the Holy Spirit who helps us live a new life, and we can live forever with God (Ephesians 2:1-10 and 1 Corinthians 15:1-8).

4. You can experience a relationship with God by trusting and following Jesus.

Jesus rescues all who trust and follow Him. We trust and follow Jesus by rejecting our old sinful life, believing that God raised Jesus from the dead, and confessing that Jesus is King. We express our total commitment to King Jesus by being baptized. As followers of Jesus we love God, love people, and make disciples of Jesus no matter the cost (Romans 10:9-10, Acts 2:38, Matthew 28:18-20).

Engage in **Gospel** Conversations

5. Are you ready to trust and follow King Jesus?

You can experience a relationship with God by trusting and following Jesus. Are you ready to trust and follow Jesus or is anything holding you back (2 Corinthians 6:2)?

5. Practice

- A. Let's pair up and practice having a Gospel conversation with a specific lost person God put on our heart. Assume you've already been asking questions and listening. Now it's time to share. Each person practice and give feedback.

LOOK FORWARD (20 – 30 minutes)

6. Identify

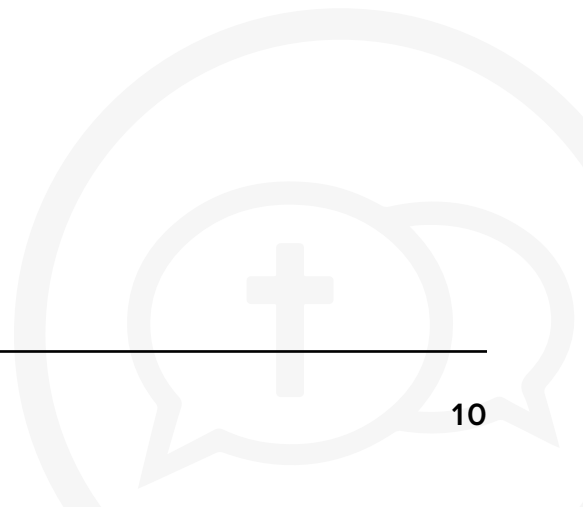
- A. Let's take sixty seconds and ask God who are the lost people He wants us to engage and who are the saved people He wants us to mobilize this week.
- B. Star, circle, or write something next to the names of the few people God is leading you to prioritize this week.

7. Text

- A. Let's text each other right now. Take out your phone and text the names of the lost and saved people we will engage and mobilize this week. Ex. "I will engage Tre and Rylen in good, God, and Gospel conversations and mobilize J.W. and Katelyn by casting vision and training them to do the Habits of a Sent One."
- B. Let's take time right now to text those people. Ex. Lost People: "Hey (name), you've been on my mind lately. I'd love to catch up with you. When's a good day this week we can talk?" Ex. Saved People: "Hey (name), I've been learning some simple ways to lead people to Jesus. I'd love to share with you. When's a good day this week we can talk?"

8. Pray

- A. Let's pray by name for the people we're going to engage and mobilize this week.



Engage in **Gospel** Conversations

LOOK BACK (20 – 30 minutes)

1. Discuss

- A. How did praying for lost and saved people go this past week?
- B. How did engaging lost people in good, God, or Gospel conversations and mobilizing saved people to live sent go this past week?

LOOK UP (45 minutes)

2. Read

- A. How do we engage lost people? By regularly having good, God, and Gospel conversations. Last week we practiced telling the Gospel to an individual and today we're going to practice helping a group of people discover the Gospel for themselves by reading the Bible.
- B. We define a Gospel conversation as the Good News about Jesus and an invitation to respond.
- C. One way to share the Gospel is by helping a group (family, team or community) discover the Gospel for themselves by reading the Bible together over the course of several weeks (Ex. Discovery Bible Study).

3. Discuss

- A. What types of conversations do we engage lost people in?
- B. When would you use The 5 and when would you use a Discovery Bible Study?
- C. Have you ever led an evangelistic Bible study for seekers? What worked well?

4. Practice

- A. Let's roleplay facilitating a Discovery Bible Study with a group of lost people. We need three people to facilitate. One to ask the look back questions, one to ask the look up questions, and one to ask the look forward (select those people now). We will use lesson 1 Luke 7:36–50 from the Discovering Jesus Stories. We will do it in a shorter time frame. Usually each third is about 20 – 30 minutes but today let's do 10 minutes or less each.



Discovery Bible Study

LOOK BACK (10 minutes)

1. What are we thankful for?
2. What's been challenging?
3. What did we talk about last time?
4. How'd we do living it out?
5. How'd we do sharing it with others?

LOOK UP (10 minutes)

6. Today we're going to discover who Jesus is from a story in the Bible. Let's read... (use the 7 Discovering Jesus Stories).
7. Let's retell the story in our own words.
8. Do we agree with the retelling or did anything get left out or added?
9. What does this story teach us about God?
10. What does this story teach us about people?
11. What significance does this story have for us today?

LOOK FORWARD (10 minutes)

12. After reading this story, what do we feel led to do this week?
13. Who will we share this story with this week?
14. Let's text each other our commitments for the week. How will we live what we learned, who will we share it with, and how will we help others?
15. When do we want to meet next?

Discovering Jesus Stories

- 1) Luke 7:36–50
- 2) Luke 18:9–14
- 3) Luke 18:18–30
- 4) Luke 15:11–32
- 5) Luke 23:26–56
- 6) Luke 24:1–27
- 7) Acts 2:22–41

Coaching Points

1. For the first couple of weeks, model for the group how to facilitate a DBS. Empower others to facilitate as well. Around week three step back into a coaching role. Ask the facilitators coaching questions after each DBS (Good? Better? Next time?).
2. Give equal time to each of the three parts. When needed, have people get in 2's or 3's and share their answers.
3. Don't teach primarily by explaining, teach primarily by asking questions and leading the group to discover the answers for themselves from the text.
4. Stick to the text, don't jump around to other parts of the Bible or sources outside the Bible.
5. Involve everyone in the discussion. Invite some to speak more and invite others to allow others an opportunity to speak.
6. If someone says something wrong or confusing, ask them, "Where do you see that in this story?"



Engage in **Gospel** Conversations

LOOK FORWARD (20 – 30 minutes)

5. Identify

- A. Let's take sixty seconds and ask God who are the lost people He wants us to engage and who are the saved people He wants us to train this week.
- B. Star, circle, or write something next to the names of the few people God is leading you to prioritize this week.

6. Text

- A. Let's text each other right now. Take out your phone and text the names of the lost and saved people we will engage and mobilize this week.
Ex. "I will engage Tre and Rylen in good, God, and Gospel conversations and mobilize J.W. and Katelyn by casting vision and training them to do the Habits of a Sent One."
- B. Let's take time right now to text those people.
Ex. Lost People: "Hey (name), you've been on my mind lately. I'd love to catch up with you. When's a good day this week we can talk?" Ex. Saved People: "Hey (name), I've been learning some simple ways to lead people to Jesus. I'd love to share with you. When's a good day this week we can talk?"

7. Pray

- A. A. Let's pray by name for the people we're going to engage and mobilize this week.

8. Tools for Sent Ones

- A. Click [HERE](#) for 10 tools to help you and your disciples live sent.

9. Commands of Christ

- A. Next week we're starting a 10 week set of short-term discipleship lessons called the Commands of Christ. Click [HERE](#) to access the Commands of Christ.